

**CAMPS HELD AT POPE JOHN XXIII HIGH SCHOOL  
1800 WEST GRAND PARKWAY N.,  
KATY, TX 77449**



**ALL SKILLS CAMP FOR BEGINNERS**

Cost: \$140 per session  
Late Registration: \$170

Three days of volleyball instruction .  
Session I June 22, 23 & 24... (3-5:30pm)  
*Early Registration thru June 1<sup>st</sup> \$140*  
Session II July 6, 7 & 8... (6-8:30pm)  
*Early Registration thru June 20<sup>th</sup> \$140*

Openings for girls entering 7<sup>th</sup> –8<sup>th</sup> grade.  
This camp will focus on introducing basic volleyball skills, movements and rotations to novice volleyball players. Drills are structured to emphasize the basic skills and fundamentals needed to play junior high volleyball. Skills taught are serving, passing, setting, attacking (emphasizing correct arm-swing mechanics), and defense, with group competition. We teach the game in a fun and positive environment.

**ALL SKILLS CAMP - INTERMEDIATE**

Cost: \$140 per session  
Late Registration: \$170

*\*Players must have at least one year of playing experience to enroll in this camp.*

Three days of volleyball instruction for players with volleyball experience:  
Session I June 22, 23 & 24... (6-8:30pm)  
*Early Registration thru June 1<sup>st</sup> \$140*  
Session II July 6, 7 & 8... (3-5:30 pm)  
*Early Registration thru June 20<sup>th</sup> \$140*

Openings for girls entering 7<sup>th</sup> –10<sup>th</sup> grade.  
This camp is designed to teach younger players the necessary individual skills and team concepts needed to become competitive volleyball players. It is intended for those players who want to develop and strengthen all the fundamental skills of volleyball. Skills that will be covered include setting, passing, hitting, blocking, defense, and serving. In addition, strategies and team concepts will be taught through fun, competitive team drills.  
**\*\* NOT FOR BEGINNERS**

**VOLLEYBALL BOOT CAMP**

Cost: \$120 (thru 07/10/10)  
Late Registration: \$150

Six days of intense volleyball conditioning:  
July 19<sup>th</sup> – July 29<sup>th</sup>

Core conditioning and high intensity mixed with high level, fast-paced drills are what Boot Camp is all about. Designed with high repetitions on all skill sets (passing, setting, attacking, defense etc.) in mind, this camp is a great way to shake the dust off for tryouts. Boot Camp runs Mon., Wed., & Thr. for 2 weeks prior to school season. Open to all level of players, Grades 8-12.



**CAMP STAFF**

**Directors:**

Coach Katie Wilson enters her 12<sup>th</sup> year coaching volleyball and her 4<sup>th</sup> as Head Volleyball Coach at Pope John X I I I I . Coupled with over 20 years of playing experience, Coach Wilson leads her camps with a passion and intensity campers will enjoy!

In her 8<sup>th</sup> year of coaching, Michelle Kubosh will help lead the coaching staff. Coach Kubosh's know-how comes from assisting at the High School and Junior College levels and competing in college as well as adult leagues.

**Staff:**

Other local coaches and former volleyball players will be assisting.

**REGISTRATION**

Camper Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Age: \_\_\_\_\_

Email: \_\_\_\_\_

School Next Fall: \_\_\_\_\_

Grade Entering: \_\_\_\_\_ Experience: High School Jr High Club  
Position: setter outside hitter middle blocker defensive specialist  
T-Shirt Size (Adult) S M L XL

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**Select which camp you will attend (Late registration add \$30)**

- All Skills – Beginners I – June 22 – June 24 (3-5:30pm) \$140
- All Skills – Beginners II – July 6 – July 8 (6-8:30pm) \$140
- All Skill – Intermediate I June 22 – June 24 (6-8:30pm) \$140
- All Skill – Intermediate II July 6 – July 8 (3-5:30pm) \$140
- Volleyball Boot Camp – July 19 – July 29 (6-7:30pm) \$120

**Select Payment Type**

- I am enclosing deposit of \$80 (DEPOSIT IS NON-REFUNDABLE)
- I am enclosing full payment of \$ \_\_\_\_\_

**Emergency Contact Information:**

Parent/Guardian Name: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

I hereby authorize Houston S.W.A.T. Volleyball Club Camp staff to provide and if necessary seek emergency medical attention for my child in the event of a medical problem while attending this camp. By signing below, I also waive and hold harmless Houston S.W.A.T. and its signatories from any liability in the event my child were to become injured while attending this camp.

Parent Signature: \_\_\_\_\_

Make checks payable & send to: HOUSTON SWAT VOLLEYBALL  
P.O. BOX 219016 Houston, TX 77218